



A weekly group for the over 60's,
meeting every Thursday at
Letham Community Club,
Marlee Road, Perth, PH1 2HL
between 10.00 - 12.00



Programme of Activities/Events (Block 1)

Week 1 - Thursday 8th July 10.00 - 12.00

Cuppa & Chat

Activity – Yoga with Tammy

Week 2 - Thursday 15th July 10.00 - 12.00

Cuppa & Chat

Activity – The Price is Right

Week 3 - Thursday 22nd July 10.00 - 12.00

Cuppa & Chat

Activity – Tai Chi with Iain

Week 4 - Thursday 29th July 10.00 - 12.00

Cuppa & Chat

Activity – Art & Crafts with Lorraine

Week 5 – Thursday 5th August 10.00 – 12.00

Cuppa & Chat

Activity – Quiz Time

Week 6 – Thursday 12th August 10.00 – 12.00

Cuppa & Chat

Activity - Bingo

Booking is recommended as numbers will be limited due to the current restrictions and hopefully this will change with the continued easing of restrictions. Bookings can be made by calling 01738 444061.